

# Natural Life™



**Australian  
Health Products**



**QUALITY • PURITY • INTEGRITY**



Lifetime Health Products brings to you the most pure, natural ingredients found in nature.

Our goal is to enhance your health, your vitality, and to improve your general well being.

Natural Life™ products are processed and manufactured to the highest GMP standards in Australia and the world.

In 1995 Antony Adare founded Lifetime Health Products and developed the Natural Life™ range of products.

'Lifetime Health Products was founded with the vision of enhancing the health and quality of life of all of our customers. It is our commitment to bring you natural health products that are of the highest quality.'

Our commitment is constantly re-enforced by the positive feedback we receive from our satisfied customers. I trust that you will enjoy the benefits of our Natural Life™ health products for many years to come.'

Thank you

Antony Adare  
CEO & Founder



**QUALITY • PURITY • INTEGRITY**

# Natural Life™



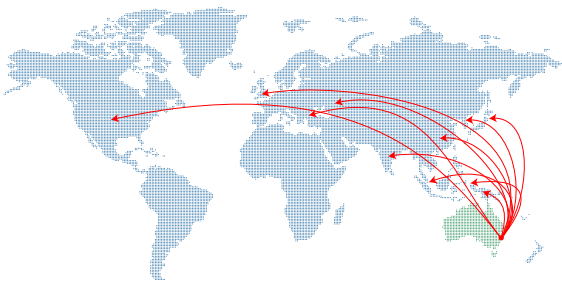
**Through passion and innovation, Lifetime Health Products has successfully marketed its Natural Life™ range of products worldwide.**

We are dedicated to providing pure, natural Australian Made products which optimise our customer's general health and wellbeing.

Lifetime Health Products' solid Australian and international reputation has been built on Purity, Quality and Integrity — supplying the highest quality health products which are:

- ⦿ Manufactured and packed in compliance with the Australian Code of Good Manufacturing Practice (GMP) for medicinal products.
- ⦿ Listed with the Australian Therapeutic Goods Administration (TGA)
- ⦿ Clinically packaged to meet rigorous international standards thus guaranteeing safety and consistency every time

Lifetime Health Products is a Proudly Australian Owned Company.



# Natural Life™

*Proudly Australian*



## History

Located in Sydney's leafy northern suburbs, Lifetime Health Products is an Australian owned company that was established in 1996 to develop a range of health supplements based on the combination of natural ingredients, science and an overwhelming commitment to excellence. From this, the Natural Life™ range of products was launched.

With the support of a great team at Lifetime Health, including its own in-house naturopath, the Natural Life™ range can now be proudly found in most leading health stores, pharmacies and Duty Free stores throughout Australia and in over 15 countries worldwide.

## Philosophy

Lifetime Health Products' philosophy is simple. We aim to set high standards in order to supply a quality product and a level of customer service which our clients expect. Our products have been developed with the health of our customers in mind and offer total health solutions for people of all ages.



*Lifetime Sydney warehouse*

**QUALITY • PURITY • INTEGRITY**

## Quality

In the continual pursuit of excellence, Lifetime Health's philosophy is to always manufacture and supply our customers with products that are 100% pure, natural and effective.

By combining the best scientific and technical expertise in Australia, all Natural Life™ products are designed to meet some of the highest therapeutic standards in the world.



To ensure this level of commitment, all Natural Life™ products are Listed with the Australian Therapeutic Goods Administration (TGA) and manufactured in compliance with the Australian Code of Good Manufacturing Practice (GMP) for medicinal products.

- ⦿ Purest quality raw materials
- ⦿ Highest manufacturing standards in the world
- ⦿ All products are Listed with the TGA
- ⦿ All products are manufactured in GMP certified facilities



## Purity

From the great Australian landscape to its pristine oceans, Natural Life™ products are sourced from the purest and most natural ingredients available. Our Research and Development team also works with international companies to source pure and natural ingredients which pass stringent Australian TGA requirements.

## Integrity

Lifetime Health Products prides itself in its commitment to integrity, professionalism and excellence in our dealings with all customers and business partners. Our management team is actively involved with government entities such as Austrade (within Australia and its offices worldwide) and the NSW Business Chamber. Through our associations, we are kept up to date with local and international trends and continue to expand our knowledge base.

Our customers remain our primary focus. We work with them in a spirit of partnership and integrity providing them with supplements for good health.





from the hive

**'By way of the  
beehive the whole  
Cosmos enters man  
and makes him  
strong and able'**

Rudolf Steiner

**QUALITY • PURITY • INTEGRITY**

# PROPOLIS

## *Immunity*

Natural Life™ Propolis is widely revered as a natural healing agent. Propolis is produced by bees to prevent bacterial infection and disease in the hive. It is known for its high flavonoid content; a vital source of antioxidants. Natural Life™ Propolis range has an APF (Active Propolis Factor) 6% raw material guaranteed bioflavonoid content.



### Propolis may be beneficial for:

- 🟡 Improving and strengthening immune function
- 🟡 Treating throat & mouth infections
- 🟡 Healing abrasions, cuts and wounds
- 🟡 Anti-oxidant activity and therefore assist in protecting the body from the harmful effect of free radicals and oxidative stress

### Natural Life™ Propolis range

Propolis Liquid 20% & 40% 25ml (alcohol free)

Propolis & Manuka Honey Spray 20% 30ml

An easy and convenient way to take Propolis. Propolis liquids can be taken in water, used as a gargle or used topically on the skin. Propolis Spray (peppermint flavour) can be used as a mouth spray to help support oral health.

**BF**  
★★★★★  
Active  
Bioflavonoids



# PROPOLIS

## *Immunity*

### Propolis 60 & 365 Capsules 500mg

Natural Life™ Propolis Capsules are easy to swallow and support healthy immune system function.



### Propolis Soap with Manuka Honey, Tea Tree Oil & Eucalyptus Oil 100gm

### Propolis Toothpaste 110gm

### Propicol & Manuka Honey 24 Lozenges



### All Natural Life™ Propolis products are:

- ✓ High in bioflavonoid content
- ✓ Chloramphenicol Free
- ✓ GMO Free
- ✓ BSE Free Gelatin Softgel capsules
- ✓ Safety Tested for Heavy Metals
- ✓ Free from artificial flavours or preservatives

**Warning:** Propolis may cause allergic reactions. If irritation of the mouth or throat occurs, discontinue use.



# ROYAL JELLY

## *Beauty & Vitality*

Natural Life™ Royal Jelly is a product of the beehive and is produced by the worker bees solely for feeding the Queen Bee. Royal Jelly is a rich source of nutrients including all the B Complex Vitamins as well as Vitamins A, C, D and E, plus minerals and 18 amino acids.

Natural Life™ Royal Jelly is selected from the purest beehives – free from chemical or antibiotic sprays. Natural Life™ Royal Jelly capsules contain a guaranteed 6% 10-HDA 200mg on input, equivalent to Royal Jelly 1000mg (1.1% HDA). HDA is an important factor in determining quality and potency of Royal Jelly.



### **Royal Jelly may be beneficial for:**

- 🍯 Improving general health and wellbeing
- 🍯 Assisting in the maintenance of energy, strength and stamina

### **Natural Life™ Royal Jelly range**

Royal Jelly 60 & 365 caps 1000mg  
Fresh Royal Jelly 250gm & 1kg



### **All Natural Life™ Royal Jelly products are:**

- ✓ Chloramphenicol Free
- ✓ GMO Free
- ✓ BSE Free Gelatin Softgel capsules
- ✓ Free from artificial flavours or preservatives

**Warning:** Royal Jelly has been reported to cause severe allergic reactions and in rare cases fatalities, especially in asthma and allergy sufferers. Not to be taken by asthma or allergy sufferers.

# MANUKA HONEY

## *Natural Antibacterial Remedy*

### 100% Pure New Zealand Manuka Honey

Natural Life™ Manuka Honey is totally Bio-Active and harvested from the nectar of manuka flowers in unspoilt bushland of New Zealand. It is revered for its unique antibacterial properties and has been used for centuries as a natural source of general health and wellbeing.



### Natural Life™ Manuka Honey range

5+ Manuka Honey 250gm, 5+ Manuka Honey 1kg,  
15+ Manuka Honey 250gm



5+ Manuka Honey with Kiwi 250gm  
5+ Manuka Honey with Ginger 250gm



# BEE POLLEN

*Nature's Multi-Vitamin & Mineral*

## 100% Pure Australian Multi Flora Bee Pollen

Natural Life™ Bee Pollen is harvested free of chemicals from the pristine eucalyptus forests and conservation reserves of Western Australia. Scientists refer to Bee Pollen as the 'complete food' rich in vitamins (especially Vitamin E & B12), trace elements and over 5,000 enzymes and co-enzymes. It also contains 22 amino acids and 27 minerals including calcium, magnesium, zinc, copper and iron. Natural Life™ Bee Pollen provides a convenient, nutritious supplement to your diet.



### Bee Pollen may be beneficial for:

- 🍯 Strengthening the immune system
- 🍯 Increasing strength and stamina
- 🍯 Regulating the intestine and digestive system



## Natural Life™ Bee Pollen range

Bee Pollen 125gm, 250gm and 1.25kg granules



'Bee Pollen is the richest natural source of amino acids, vitamins and minerals yet discovered.'

The Institute of Apiculture, Tarnow, Poland



**Warning:** Allergy sufferers may experience a severe reaction. Not to be taken by asthma or allergy sufferers.



from the sea

'Water is the  
driver of Nature'

Leonardo da Vinci

**QUALITY • PURITY • INTEGRITY**

# OMEGA 3

## *Brain, Eyes & Heart Health*

Natural Life™ Omega 3 fish oil is sourced from the pristine waters of the Pacific Ocean. We use the highest quality raw material derived from small fish; anchovy and sardine – rich in Omega 3 fatty acids.



Omega 3 is an essential fatty acid which cannot be manufactured by our own body and therefore must be obtained through the diet. Omega 3 contains two very important fatty acids, DHA and EPA that can only be obtained from fish oil. EPA and DHA may assist in promoting healthy brain, eye and heart health and are fundamental to good health, from infancy through to seniors.

### **Omega 3 may be beneficial for:**

- 👉 Promoting healthy heart function, immune function and energy production
- 👉 Promoting healthy brain and nerve function
- 👉 Symptomatic relief of osteoarthritis
- 👉 Treatment of the effects of psoriasis
- 👉 Management of allergies
- 👉 Maintenance of healthy eyes
- 👉 Supporting healthy mood

### **Natural Life™ Omega 3 products are:**

- ✓ GMO Free
- ✓ BSE Free Gelatin capsules
- ✓ Free from artificial flavours or preservatives
- ✓ Safety tested for heavy metals

### **Natural Life™ Omega 3 range**

Omega 3 60 & 180 caps 1000mg



# SQUALENE

## *Beauty, Arthritis Relief*

Natural Life™ Squalene oil is extracted from the large livers of the deep sea sharks known as the Southern Dogfish shark. These sharks are found in the cold, unpolluted waters surrounding Australia and New Zealand at depths of up to 300 metres. Research has found that this species of shark yields the highest natural concentration of Squalene and Alkylglycerols (AKG – stimulate immune function) in the liver of the shark. The Squalene oil used in Natural Life™ capsules is 99.9% pure.



### **Squalene may be beneficial for:**

- 👉 Assisting in the maintenance of a healthy immune system
- 👉 Assisting in the maintenance of general well-being
- 👉 Squalene is a major component of the protective skin surface lipids where it assists in maintaining healthy skin

### **Natural Life™ Squalene range**

60 & 180 caps 1000mg



### **Natural Life™ Squalene products are:**

- ✓ GMO Free
- ✓ BSE Free Gelatin capsules
- ✓ Free from artificial flavours or preservatives
- ✓ Safety tested for heavy metals



# SHARK CARTILAGE

## *Mobility, Arthritis Relief*

Natural Life™ Shark Cartilage is sourced from the pristine waters off South Australia. It is uniquely processed to create a superfine mesh powder to ensure maximum absorption and effectiveness. Shark cartilage is made up of mainly collagen, amino acids, minerals and glycosaminoglycan. It is also a good source of minerals — calcium, phosphorous, magnesium, potassium, zinc, iron and chromium, manganese and silica.

### **Shark Cartilage may be beneficial for:**

- 👉 Anti-inflammatory relief of osteoarthritis and psoriasis
- 👉 Maintenance & repair of joint tissue
- 👉 Assisting in the improvement of general well-being

### **Natural Life™ Shark Cartilage range**

Shark Cartilage 100 & 300 caps 500mg



### **Natural Life™ Shark Cartilage products are:**

- ✓ GMO Free
- ✓ BSE Free Gelatin capsules
- ✓ Free from artificial flavours or preservatives
- ✓ Safety tested for heavy metals

**Warning:** Children, pregnant or breast feeding women and those who have recently had a heart attack, surgery or a major accident should not consume this product without medical advice. If symptoms persist please consult your healthcare practitioner.



# GLUCOSAMINE

## *Joint Health*

Natural Life™ Glucosamine 1500 combined with Shark Cartilage and Green Lipped Mussel may assist with mobility, alleviate joint pain and help stimulate cartilage repair. Shark Cartilage and Green Lipped Mussel contain Chondroitin Sulphate which may assist in giving the bone cartilage elasticity.

- 👉 With Shark Cartilage
- 👉 With Green Lipped Mussel



### **Glucosamine may be beneficial for:**

- 👉 Alleviating joint pain associated with arthritis
- 👉 Assisting mobility
- 👉 Stimulating cartilage repair

### **Natural Life™ Glucosamine range**

#### **Glucosamine 60 tablets**



### **Natural Life™ Glucosamine products are:**

- ✓ GMO Free
- ✓ Free from artificial flavours or preservatives

**Warning:** Glucosamine contains Potassium. If you have kidney disease or are taking heart or blood pressure medicines, consult your doctor before use. Children, pregnant or breast feeding women and those who have recently had a heart attack, surgery or a major accident should not consume this product without medical advice. If symptoms persist please consult your healthcare practitioner.



# GREEN LIPPED MUSSEL

## *Mobility, Arthritis Relief*

Natural Life™ Green Lipped Mussel contains marine lipid extract from New Zealand Green Lipped Mussel. It naturally contains Glucosamine and Chondroitin Sulphate which are important building blocks for joint cartilage and Omega 3 fatty acids which help reduce inflammation.

### **Green Lipped Mussel may be beneficial for:**

- ☛ Temporary relief and management of rheumatism
- ☛ Helping to reduce joint inflammation & swelling associated with arthritis
- ☛ Assisting in the management of osteoarthritis

### **Natural Life™ Green Lipped Mussel range**

**Green Lipped Mussel 100 caps 200mg**



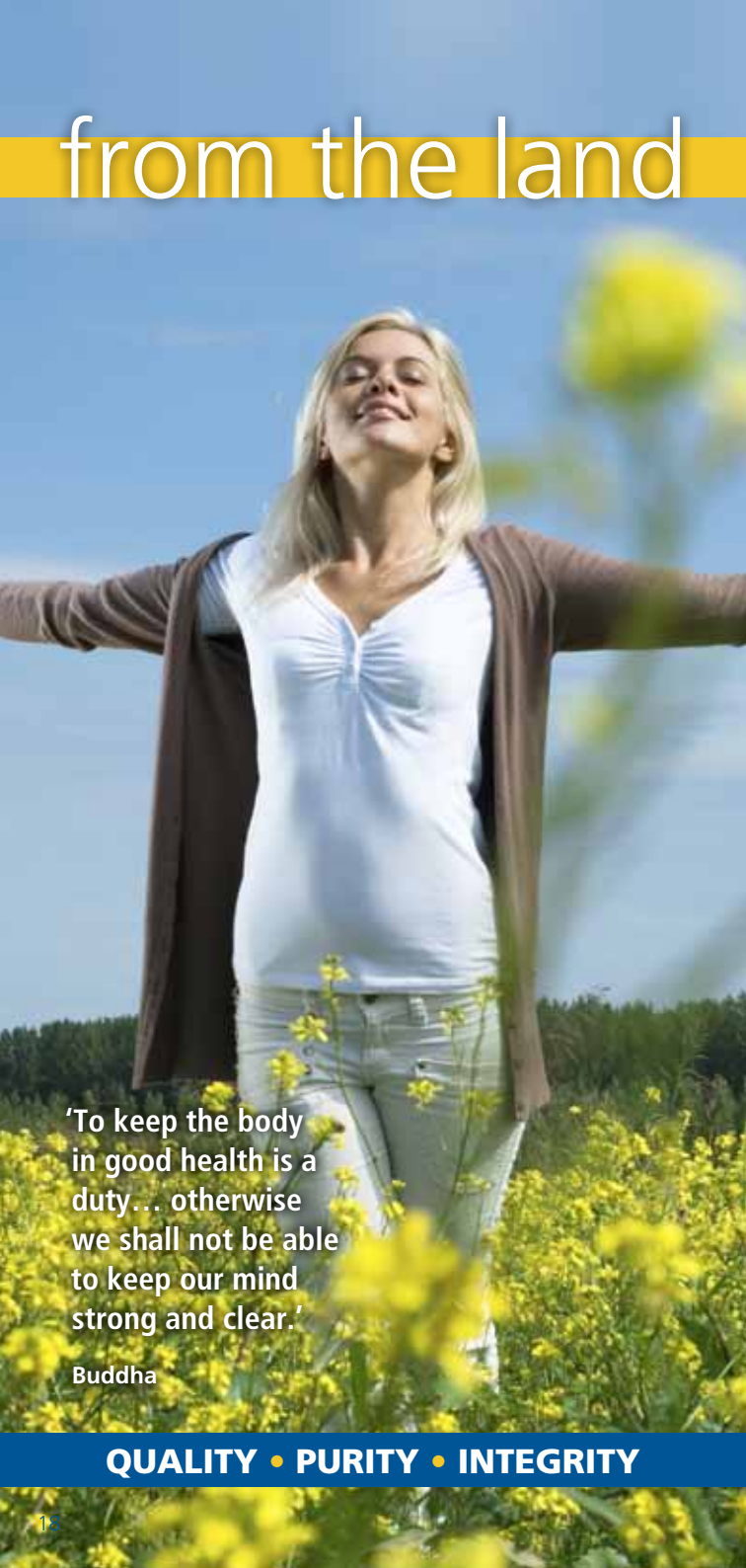
### **Natural Life™ Green Lipped Mussel products are:**

- ✓ GMO Free
- ✓ BSE Free Gelatin capsules
- ✓ Free from artificial flavours or preservatives
- ✓ Safety tested for heavy metals

**Warning:** Green Lipped Mussel contains seafood ingredients. If symptoms persist, please consult your healthcare practitioner.



# from the land



'To keep the body  
in good health is a  
duty... otherwise  
we shall not be able  
to keep our mind  
strong and clear.'

Buddha

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# LECITHIN

## *Cholesterol Health*

Natural Life™ Lecithin is extracted from soy beans and contains phospholipids, which are components of cell walls and nerves. These transport fats and cholesterol around the body to the liver and bloodstream, ensuring the healthy metabolism of fats.

### **Lecithin may be beneficial for:**

- ✿ Maintenance of normal healthy cholesterol levels

### **Natural Life™ Lecithin range**

Lecithin 160 caps 1200mg



# EVENING PRIMROSE OIL

## *Healthy Heart – Healthy Hormones*

Natural Life™ Evening Primrose Oil is a plant extract rich in gamma-linolenic acid (10% GLA), an essential fatty acid important for growth and development.

### **Evening Primrose Oil may be beneficial for:**

- ✿ Promoting healthy heart, blood pressure & cholesterol levels
- ✿ Symptomatic relief of eczema, dermatitis and psoriasis
- ✿ Aiding in the symptomatic relief of premenstrual tension

### **Natural Life™ Evening Primrose Oil range**

Evening Primrose Oil 60 & 180 caps 1000mg

### **All Natural Life™ Evening Primrose Oil and Lecithin products are:**

- ✓ GMO Free
- ✓ BSE Free Gelatin capsules
- ✓ Free from artificial flavours or preservatives



Warning: If symptoms persist, please consult your healthcare practitioner.

# kids



'Health is the  
greatest possession,  
contentment is the  
greatest treasure,  
confidence is the  
greatest friend.'

Lao Tzu

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# OMEGA 3 SMART KIDS

## *Brain, Heart & Eye Development*

Natural Life™ Omega 3 Smart Kids Softgel burstlets Lemon/Lime flavour are convenient and easy to take. They provide your child with the essential Omega 3 fatty acids that they need. Research has shown that the Omega 3 fatty acids DHA and EPA play a very important role in brain development and support healthy visual function, brain function and mood and behaviour.



### **Omega 3 Smart Kids may be beneficial for:**

- ☼ Providing children with essential Omega 3 fatty acids
- ☼ Supporting healthy visual and brain function
- ☼ Assisting mood and behaviour.

### **All Natural Life™ Omega 3 products are:**

- ✓ GMO Free
- ✓ BSE Free Gelatin capsules
- ✓ Free from artificial flavours or preservatives
- ✓ Safety tested for heavy metals

### **Natural Life™ Omega 3 Smart Kids range**

Omega 3 Smart Kids 120 softgel bursts – lemon lime flavour

'The highly unsaturated Omega 3s (EPA & DHA) are essential for normal brain development & function but are often relatively scarce in modern diets.'

**Dr Alexandra Richardson, University of Oxford, UK**

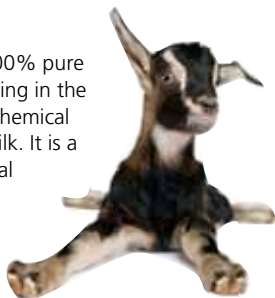


# GOAT MILK TABLETS

*Bone Health – Calcium Boost*

## **Natural – Chocolate – Strawberry**

Natural Life™ Goat Milk tablets contain 100% pure goat milk powder sourced from goats grazing in the pristine hills of New Zealand. Goat Milk's chemical structure is very similar to human breast milk. It is a complete protein containing all the essential amino acids without the heavy fat content of cow's milk. Goat Milk is a rich source of calcium and an alternative protein source for adults and children who are allergic to cow's milk.



Natural Life™ Goat Milk tablets are chewable and come in three great tasting flavours: Natural, Chocolate and Strawberry

## **Natural Life™ Goat Milk range**

Goat Milk Natural Flavour 100 Chewable tablets 695mg

Goat Milk Chocolate Flavour 100 Chewable tablets 695mg

Goat Milk Strawberry Flavour 100 Chewable tablets 695mg



# COLOSTRUM

## *Immunity*

Colostrum is the pre-milk fluid produced from the dairy cow's mammary glands during the first 48 hours after birth. It provides life-supporting immune and growth factors that ensure the health and vitality of a newborn. Natural Life™ Colostrum tablets are formulated using 100% pasteurised bovine powder that contains high levels of antibodies called Immunoglobulin (45IgG). These antibodies help strengthen the immune system to protect the newborn against disease, as well as being lower in fat and higher in protein than ordinary milk. Natural Life™ Colostrum chewable tablets are a great way to help ensure the growth of strong and healthy children.



### **Natural Life™ Colostrum range**

Colostrum 200 chewable tablets 45IgG 820mg



**Note:** This product should not replace complete milk food for children under 2 years old.

# Natural Life™

*Thank you for your interest in our  
range of Natural Life™ products.*

*All Natural Life™ products are formulated  
using only the best raw materials that  
nature can provide.*

*Lifetime Health Products philosophy is simple;  
we aim to set high standards in order to supply a  
quality product and a level of customer service  
that is second to none.*

*For more details on each of our Natural Life™  
products visit our information website.*

**[www.naturallife.com.au](http://www.naturallife.com.au)**

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