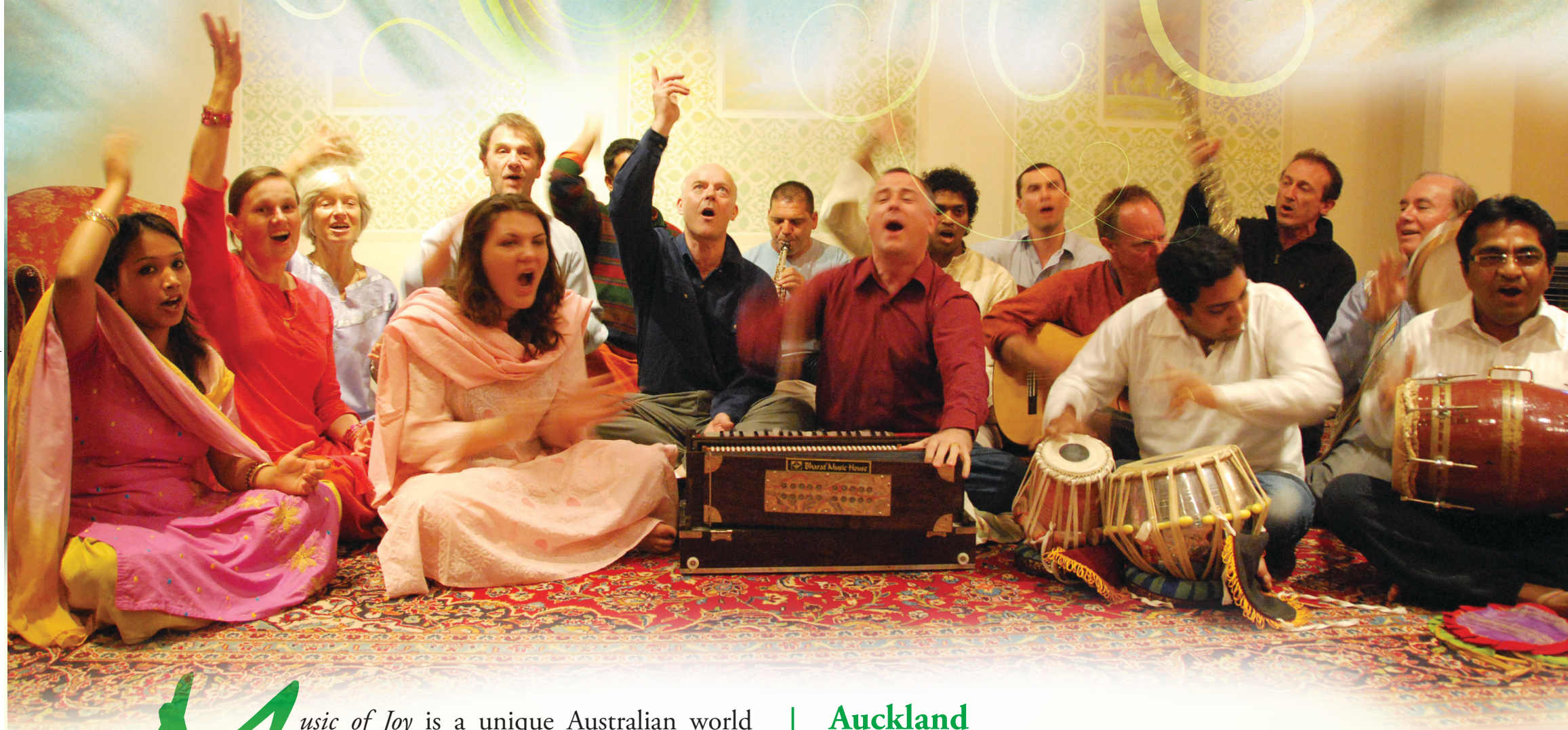


Free Admission

Sahaja Yoga New Zealand invites you to

An evening of music
& meditation with...

Music of Joy



Music of Joy is a unique Australian world music group who believes the purpose of music is to facilitate joy that reverberates with audiences, offering bliss and peace. The group has recently shared this joy inherent in their music throughout South East Asia and China. Much of the group's repertoire stems from Indian traditional light classical music also known as *bhajans*.

To these uplifting devotional songs, *Music of Joy* has added heart-opening traditional songs from around the world, as well as a number of home-grown compositions. The experience that results from this special music is thoughtless awareness, a relaxed meditative state which can be understood and developed through *Sahaja Yoga Meditation*. It is a unique experience the musicians are delighted to share with you.

Auckland

Saturday 29 September, 1 – 3pm

Raye Freedman Arts Centre, Epsom Girls Grammar,
Cnr of Gillies & Silver Rds, Epsom.

Saturday 29 September, 7:30 – 9.30pm

Brian Gerrard Theatre, Birkenhead College,
140 Birkdale Rd, Birkdale.

Hamilton

Sunday 30 September, 1 – 3pm

Playhouse Theatre, Gallagher Academy of Performing Arts,
University of Waikato, Knighton Rd, Gate 2B, Hillcrest.

Tauranga

Sunday 30 September, 7:30 – 9.30pm

Exhibition Hall, Bay Court Community and Arts Centre,
38 Durham St, Tauranga.

For further information visit freemeditationnz.com or phone (09) 418 3824