



# Music of Joy

## Flow of Love Disc I

### 1. **Invocation to Shri Ganesha** 4:26

*O Lord Ganesha...Please grant that all my endeavours be free of obstacles, always*

This meditative mantra in Sanskrit is an invocation to Shri Ganesha, the elephant headed God of innocence and wisdom.



### 2. **Jai Jai Bolo Nirmal Ganesha Ki** 5:46

*Victory to you immaculate Shri Ganesha ... let us be the dust at your holy feet ... destroy all ignorance*

Written by *Music of Joy*, this energetic celebration of Lord Ganesha, is asking for his qualities to become awakened in the listeners.

### 3. **Padhare Hai Shri Mataji Angana** 8:45

*Shri Mataji is arriving in my courtyard ... she is quenching the thirst of all seekers ... this earth is truly blessed*

Another original composition, this song welcomes Shri Mataji to the home of Her devotees, and describes the great beauty of this event.

### 4. **Saang Saang Bolanath** 9:15

*Please tell me Shri Shiva, will this whole universe be happy?*

Based on a sweet children's song in Marathi language, this song asks Lord Shiva about the pressing problems of the world today: Racism, caste, religious fanaticism & war and prays for salvation through self-realisation.

### 5. **Nieba** 7:07

*The soft golden wind plays with tender clouds ... the earth sings of love ... may this universal light make everything bloom with beauty*

This poetic song from Russia is brimming with sensitive descriptions of the beauty of nature from microcosm to macrocosm, and becomes a metaphor for a sense of great connectedness.

### 6. **Tsala Tsala Zauya Cabella La** 6:08

*Let us go to Cabella and decorate our beautiful Mother Nirmala*

A Music of Joy composition, this celebratory song invites the audience to join in joyful collective celebrations of the qualities of the Divine Mother, who destroys the demons and grants salvation.



### 7. **We are the Children of the Earth** 7:44

*We are the children of peace ... born from the love that will never cease*

This native American chant speaks of the nourishing elements of Mother Earth, from which all things have originated.

### 8. **Tujhacha Mataji Pare** 5:29

*Let Your light come alive within us ... let us spread it to the whole world*

This Marathi song in a light hearted folk style, speaks of the desire to spread the joy of the spirit to the whole world.

### 9. **Thuma Mina** 4:43

*Send me Lord...fill me Lord!*

This devotional African Spiritual very simply expresses the individual's desire for unification with the Divine.



# Flow of Love Disc 2

## 1. Raag Yaman 7:09

Raag Yaman is characterised by its augmented fifth, delivering powerful cleansing notes for the left Swadhistana chakra. This meditative piece is rendered on saxophone.

## 2. What a Time! 6:08

*What a sight, what a life, what a time ... to be alive!*

This song was presented to Shri Mataji Nirmala Devi on the occasion of Her 59th wedding anniversary in Sydney in 2006 — it describes the joy of the magical moments experienced by all present.

## 3. Mauline Thothavile Daar 7:02

*Mother has knocked on your door ... now friend, cross the ocean of illusion ... and bathe in divine vibrations*

A song in Marathi language which describes the cleansing effect of self-realisation which dissolves one's being into the ocean of bliss, thereby steadying the attention, honing introspection & increasing ones power to witness oneself and the world.

## 4. Vesnianka – Ode to Spring 5:51

*Somewhere in the flowers a song is playing ... sounding like a clear water stream ... our lovely mother is welcoming us ... her temple is shimmering silver*

This poetic welcome to spring is from the Ukraine, and describes the magnificent beauty of nature's exquisite temple.

## 5. **Namaste Ganapataye** 5:37

*Obeisance to the Lord of the Ganas ... verily you are the Eternal Self*

This meditative chant, which is an original *Music of Joy* composition, utilises energetic Sanskrit words from the timeless *Ganesha Artharva Sheersha* poem of praise.

## 6. **Xiao Cao** 6:10

*I am but a blade of grass ... Mother Earth hold me in your embrace*

This Chinese children's song with its deep and yet simple message, captivated audiences during *Music of Joy's* performances in China and made reciprocal joy flow endlessly.

## 7. **Flow of Love** 7:22

*You are the sound of Omkara, all pure and auspicious beginnings  
You are more pleasing than all pleasing things and exceedingly beautiful*

A song of praise which came about through spontaneous music making during collectively shared moments of joy.



## 8. **Sat Chit Ananda Rupa – Shine on me** 5:45

*Truth, bliss, awareness ... let the light of the lighthouse shine on me*

This predominantly vocal piece combines a Sanskrit invocation with a Negro Spiritual, to deliver kindred messages.

## 9. **Namanekare Barambar Shri Mataji** 7:56

*May the whole world attain its awakening*

This Hindi song in Raag Durga tells in a rustic style of the joys of attaining self-realisation and the resulting blessings which flows from this experience.

## 10. **Free Notes** 3:53

The steel drum, created in the US from an upturned end of a gas cylinder, is a new contemporary instrument, which is played here with bare hands rather than mallets. This free flowing composition enhances the state of meditation.



## Music of Joy

**John Smiley** – Artistic Director, Vocals,  
Harmonium

**Peter Aerfeldt** – Vocals

**Merenia Ashwell** – Vocals, Darbuka

**Leela Brown** – Vocals

**Anneliese Buff** – Vocals

**Joshua Carbone** – Naal & Steel Drum

**Margaret Carbone** – Vocals

**Tony Carbone** – Soprano Saxophone

**Caroline Clement** – Vocals

**Lyndon De Valle** – Vocals, Guitar

**Vadym Drobot** – Vocals, Guitar, Tenor  
Recorder

**Kevin Fitzgerald** – Guitar, Sarod,  
Bouzouki

**Nitin Gupte** – Djembe

**Raymond Hampton** – Clarinet

**Jean Michel Huet** – Percussion

**Lene Jeffrey** – Vocals, Harmonium

**Richard Kennet** – Vocals

**Karuna Kourkova** – Vocals

**Katia Mclearie** – Piano Accordion

**Vinod Mistry** – Dholak

**Rishi Nicolai** – Tabla

**Prue Page** – Flute, Piccolo

**Debbie Stainsby** – Vocals

**Paul Stainsby** – Vocals

**Kannan Subhramaniam** – Didgeridoo

**Juan Vega** – Percussion

**Angela Vogel** – Vocals

## Additional Musicians

**Nicolas Buff** – Soprano Saxophone

**Matthew Fogarty** – Soprano, Soprano  
& Alto Saxophone; Clarinet; Soprano,  
Descant & Treble Recorders; Panpipes;  
Keyboards; Percussion; Double Bass;  
Vocals

**Helen Jackson** – Percussion

**Vimala Rowe** – Vocals



Music of Joy wishes to very gratefully acknowledge the love, commitment and efforts of the following individuals, who helped make this production possible: Matthew Fogarty; Lawrence Dowsett; Michael & Marillyn Fogarty and the residents of Clarence St Burwood.