



Music of Joy

Flow of Love Disc I

1. **Invocation to Shri Ganesha** 4:26

*Verily You who are Shri Ganesha ...
I bow to you*

This meditative mantra in Sanskrit is an invocation to Shri Ganesha, the elephant headed God who removes all obstacles and grants innocence and wisdom. Accompanied by the digeridoo.



2. **Jai Jai Bolo Nirmal Ganesha Ki** 5:46

*Victory to you immaculate Shri Ganesha ... let us be the dust at your holy feet
... destroy all ignorance*

Written by MOJ this joyful celebration of Lord Ganesha, is asking for his qualities to become awakened in the listeners.

3. **Padhare Hai Shri Mataji Angana** 8:45

Shri Mataji is arriving in my courtyard ... she is quenching the thirst of all seekers ... this earth is truly blessed

Another original composition, this song welcomes Shri Mataji to the home of Her devotees, and describes the great beauty of this event.

4. **Saang Saang Bolanath** 9:15

Please tell me Shri Shiva, will this whole universe be happy?

Based on a sweet children's song in Marathi language, this song asks Lord Shiva about the pressing problems of the world today: Racism, caste, religious fanaticism & war and prays for salvation through self-actualisation.

5. **Nieba** 7:07

The soft golden wind plays with tender clouds ... the earth sings of love ... may this universal light make everything bloom with beauty

This poetic song from Russia is brimming with sensitive descriptions of the beauty of nature from microcosm to macrocosm, and becomes a metaphor for a sense of great connectedness.

6. **Tsala Tsala Zauya Cabella La** 6:08

Let us go to Cabella and decorate our beautiful Mother Nirmala

A MOJ composition, this celebratory song invites the audience to join in joyful collective celebrations of the qualities of the Divine Mother, who destroys the demons and grants salvation.



7. **We are the Children of the Earth** 7:44

We are the children of peace ... born from the love that will never cease

This native American Chant speaks of the nourishing elements of evolution and the Mother Earth as the basis from which everything has originated.

8. **Tujhacha Mataji Pare** 5:29

Let Your light come alive within us ... let us spread it to the whole world

This Marathi song in a light hearted folk style, speaks of the desire to spread the joy of the spirit to the whole world.

9. **Thuma Mina** 4:43

Send me Lord...fill me Lord!

This devotional African Spiritual very simply expresses the individual's desire for unification with the Divine.



Flow of Love Disc 2

1. Rag Yaman 7:09

Raag Yaman is characterized by its augmented fifth, delivering powerful cleansing notes for the left Swadhistana chakra. This meditative piece is rendered on saxophone.

2. What a Time! 6:08

What a sight, what a life, what a time ... to be alive!

This song was presented to Shri Mataji Nirmala Devi on the occasion of Her 59th wedding anniversary in Sydney in 2006 — it describes the joy of the magical moments experienced by all present.

3. Mauline Thothavile Daar 7:02

Mother has knocked on your door ... now friend, cross the ocean of illusion ... and bathe in divine vibrations

A song in Marathi language which describes the cleansing effect of self-realization which dissolves one's being into the ocean of bliss, thereby steadying the attention, honing introspection & increasing ones power to witness oneself and the world.

4. Vesnianka – Ode to Spring 5:51

Somewhere in the flowers a song is playing ... sounding like a clear water stream ... our lovely mother is welcoming us ... her temple is shimmering silver

This poetic welcome to spring is from the Ukraine, and describes the magnificent beauty of nature's exquisite temple.

5. **Namaste Ganapataye** 5:37

Obeisance to the Lord of the Ganas ... verily you are the Eternal Self

This meditative chant, which is an original MOJ composition, utilizes energetic Sanskrit words from the timeless *Ganesha Artharva Sheersha* poem of praise.

6. **Xiao Cao** 6:10

I am but a blade of grass ... Mother Earth hold me in your embrace

This Chinese children's song with its deep and yet simple message, captivated audiences during MOJ's performances in China and made reciprocal joy flow endlessly.

7. **Flow of Love** 7:22

*You are the sound of Omkara, all pure and auspicious beginnings
You are more pleasing than all pleasing things and exceedingly beautiful*

A song of praise which came about through spontaneous music making during collectively shared moments of joy.



8. Sat Chit Ananda Rupa – Shine on me 5:45

Truth, bliss, awareness ... let the light of the lighthouse shine on me

This vocal piece is an *East-West medley*, combining a Sanskrit invocation with a Negro Spiritual, delivering kindred messages.

9. Namanekare Barambar Shri Mataji 7:56

May the whole world attain its awakening

This Hindi song in Raag Durga tells in a rustic style of the joys of attaining self-realization and the resulting blessings which flow from this happening.

10. Free Notes 3:53

The steel drum, created in the US from an upturned end of a gas cylinder, is a new contemporary instrument, which is played here with bare hands rather than mallets. This free flowing composition enhances the state of meditation.



Music of Joy

John Smiley – Artistic Director, Vocals,
Harmonium

Peter Aerfeldt – Vocals

Merenia Ashwell – Vocals, Darbuka

Joshua Carbone – Naal & Steel Drum

Margaret Carbone – Vocals

Tony Carbone – Soprano Saxophone

Caroline Clement – Vocals

Lyndon De Valle – Vocals, Guitar

Vadym Drobot – Vocals, Guitar, Tenor
Recorder

Kevin Fitzgerald – Guitar, Sarod,
Bouzouki

Nitin Gupte – Djembe

Raymond Hampton – Clarinet

Jean Michel Huet – Percussion

Lene Jeffrey – Vocals, Harmonium

Richard Kennet – Vocals

Karuna Kourkova – Vocals

Katia Mclearie – Piano Accordion

Vinod Mistry – Dholak

Rishi Nicolai – Tabla

Prue Page – Flute, Piccolo

Debbie Stainsby – Vocals

Paul Stainsby – Vocals

Kannan Subhramaniam – Digeridoo

Juan Vega – Percussion

Additional Musicians

Nicolas Buff – Soprano Saxophone

Matthew Fogarty – Sopranino, Soprano
& Alto Saxophone, Clarinet, Sopranino,
Descant & Treble Recorders, Panpipes,
Keyboards, Percussion, Double Bass,
Vocals

Helen Jackson – Percussion

Vimala Rowe – Vocals



Music of Joy wishes to very gratefully acknowledge the love, commitment and efforts of the following individuals, who helped make this production possible: Matthew Fogarty; Lawrence Dowsett; Michael & Marilyn Fogarty and the residents of Clarence St Burwood.